



The Baffled Parents Guide to Coaching Girls Soccer Baffled Parents Guides

By Drayson Hounsome

International Marine/Ragged Mountain Press. Paperback. Book Condition: New. Paperback. 160 pages. Dimensions: 9.1in. x 7.2in. x 0.5in. No matter what your level of experience, this is a must-read for every girls youth soccer coach. Simon Riddiough, Womens Soccer Coach, Hofstra University Coach. You just volunteered to coach your daughters soccer team, and you cant tell a drag back from a takeover or an offside from a goal kick. Dont despair Coaching Girls Soccer is here to help. From your first team meeting to the season-ending pizza party, Coaching Girls Soccer will get you started and keep you going. In addition to learning how to teach the fundamental skills of passing, dribbling, heading, and shooting, youll learn how to encourage competition and athleticism in girls, how to build their confidence and self-esteem, and how to deal with performance changes as girls mature. Youll even develop the coaching style that works best for you and your players. Before you know it, youll be coaching players who are moving, motivated, and most of all, having fun. Survive your first practice and first game Promote good habits, concentration, and teamwork Learn whats unique about coaching girls from 4 to 14! Coach goalkeepers using the chapter on...



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